

Ascent	▲ 1006 m	Total time	2 h 56 min
Descent	▼ 1006 m	Average Speed	41 km/h

!	m ü. M.	km	km	Location	Fan-Convoy	Average speed km/h		
						39	41	43

		Neutralisation 3.3 km		Maiendfeldstrasse - Sarganserstrasse - Rheinaustrasse		9:10	9:10	9:10
	497	0.0	120.8	Km 0, Augass		9:18	9:18	9:18
	500	0.4	120.4	Fläsch		9:19	9:19	9:19
	511	0.6	120.2	Turn right, Augass		9:20	9:20	9:19
	522	0.9	119.9	Turn left, Steigstrasse		9:20	9:20	9:20
	713	2.6	118.2	Turn left, Steigstrasse	Road island	9:26	9:26	9:26
	716	2.9	117.9	St. Luzisteig		9:27	9:26	9:26
	702	3.7	117.1	Roundabout straight, Steigstrasse		9:28	9:27	9:27
	693	3.8	117.0	Steigstrasse	Road narrowing	9:28	9:27	9:27
	687	3.9	116.9	Steigstrasse	Road narrowing	9:28	9:27	9:27
	476	6.8	114.0	Balzers	Road island 2x	9:31	9:30	9:30
	475	7.7	113.1	Roundabout right, Züghüsle	Road island 2x	9:32	9:31	9:31
	475	8.6	112.2	Turn left, Gagoz	Road island	9:33	9:33	9:32
	474	9.7	111.1	Roundabout right, Gagoz	Road island 3x	9:35	9:34	9:33
	478	10.8	110.0	Trübbach		9:37	9:36	9:35
	473	11.1	109.7	Roundabout right, Hauptstrasse	Road island	9:37	9:36	9:35
	471	12.2	108.6	Weite	Road island	9:39	9:38	9:37
	468	13.4	107.4	Turn right, Heuwiesenweg		9:40	9:39	9:38
	466	13.9	106.9	Abzweigung links, Heuwiesenweg		9:41	9:40	9:39
	450	19.4	101.4	Turn right, Ranser Rheinweg		9:49	9:48	9:47
	462	19.6	101.2	Turn left, Zehentwiesweg		9:50	9:48	9:47
	453	20.0	100.8	Turn right, Weidweg		9:51	9:49	9:48
	453	20.8	100.0	Turn left, Rheindamm		9:52	9:50	9:49
	451	24.2	96.6	Turn left, Langäulistrasse		9:57	9:55	9:53
	444	24.5	96.3	Turn right, Langäulistrasse	Road island	9:57	9:56	9:54
	444	24.9	95.9	Langäulistrasse	Tunnel 100m	9:58	9:56	9:54
	443	25.8	95.0	Turn right, St. Gallerstrasse	Road island 2x	9:59	9:57	9:56

Bad Ragaz - Bad Ragaz, 120.8 km

Friday, 19 June 2026





!	m ü. M.	km	km	Location	Fan-Convoy	Average speed km/h			
						39	41	43	
		441	26.7	94.1	Turn left, Werdenstrasse	Road island 4x	10:01	9:59	9:57
		455	28.0	92.8	Grabs		10:03	10:01	9:59
		473	28.6	92.2	Turn right, Staatsstrasse	Road island 3x	10:04	10:02	10:00
		472	29.8	91.0	Staatsstrasse	Waste Zone / Feed Zone	10:07	10:04	10:02
		471	30.4	90.4	Gams	Road island	10:07	10:04	10:02
		482	31.1	89.7	Crossing straight, Gasenzenstrasse	Road island 2x	10:08	10:06	10:03
		460	33.0	87.8	Sax		10:11	10:08	10:06
		452	36.5	84.3	Frümsen		10:16	10:13	10:11
		464	38.5	82.3	Sennwald		10:19	10:16	10:14
		455	39.2	81.6	Turn left, Äugstisriet	Road island	10:20	10:17	10:15
		447	41.6	79.2	Lienz		10:24	10:21	10:18
		430	43.6	77.2	Rüthi	Road island	10:27	10:24	10:21
		464	46.4	74.4	Moos		10:31	10:28	10:25
		416	47.6	73.2	Oberriet		10:33	10:29	10:26
		419	47.9	72.9	Roundabout left, Staatsstrasse		10:33	10:30	10:26
		420	49.0	71.8	Turn left, Kellenstrasse		10:35	10:31	10:28
		488	50.5	70.3	Kobelwald		10:39	10:35	10:32
		524	50.8	70.0	Bergstrasse	GPM Kat. 3	10:39	10:35	10:32
		529	51.0	69.8	Turn right, Kobelwiesstrasse		10:41	10:37	10:33
		478	51.9	68.9	Kobelwies		10:42	10:38	10:34
		465	53.5	67.3	Eichberg		10:44	10:40	10:36
		448	55.8	65.0	Hinterforst		10:48	10:44	10:40
		439	57.3	63.5	Altstätten		10:50	10:46	10:42
		439	58.3	62.5	Eichbergstrasse	Waste Zone / Feed Zone	10:52	10:47	10:43
		439	58.7	62.1	Turn left, Oberrietstrasse	Road island 2x	10:52	10:47	10:43
		458	59.7	61.1	Roundabout right, Rorschacherstrasse	Road island 2x	10:53	10:49	10:45
		433	62.3	58.5	Turn right, Rietstrasse		10:57	10:53	10:48
		421	62.5	58.3	Rietstrasse	Road narrowing l & r	10:58	10:53	10:48
		410	65.8	55.0	Turn right, Altstätterstrasse		11:03	10:58	10:53
		410	66.1	54.7	Turn right, Kriessernstrasse		11:03	10:58	10:53
		410	66.4	54.4	Turn left, Bruststrasse		11:04	10:59	10:54
		412	68.0	52.8	Turn left, Ochsen-gasse		11:06	11:01	10:56
		412	68.5	52.3	Abzweigung links, Ochsen-gasse		11:07	11:02	10:57
		412	68.9	51.9	Ochsen-gasse	Narrow bridge	11:08	11:03	10:58
		412	69.5	51.3	Turn right, Kriessernstrasse		11:08	11:03	10:58
		414	69.9	50.9	Montlingen		11:09	11:04	10:59
		419	72.5	48.3	Eichenwies		11:13	11:07	11:02
		420	73.1	47.7	Turn left, Neufeldstrasse	Road island 2x	11:14	11:08	11:03
		420	73.2	47.6	Roundabout right, Bahnhofstrasse		11:14	11:08	11:03
		420	73.3	47.5	Turn left, Staatsstrasse		11:14	11:08	11:03
		420	73.4	47.4	Oberriet	Road island	11:14	11:09	11:03
		420	74.8	46.0	Roundabout straight, Staatsstrasse		11:16	11:11	11:05
		471	76.5	44.3	Rüthi	Road island 2x	11:19	11:13	11:08
		428	79.1	41.7	Staatsstrasse	Sprint	11:24	11:18	11:13
		455	80.1	40.7	Lienz		11:24	11:18	11:13
		439	81.2	39.6	Sennwald	Road island	11:26	11:20	11:14
		455	83.5	37.3	Turn right, Äugstisriet		11:30	11:23	11:17
		447	86.2	34.6	Spengelgass	Waste Zone / Feed Zone	11:35	11:28	11:22
		483	89.7	31.1	Gams		11:39	11:32	11:26
		484	91.4	29.4	Crossing straight, Grabserstrasse	Road island 2x	11:42	11:35	11:28
		475	92.7	28.1	Grabs	Road island	11:44	11:37	11:30
		456	95.5	25.3	Werdenberg		11:48	11:41	11:34
		447	96.2	24.6	Roundabout right, St. Gallerstrasse	Road island 9x	11:49	11:42	11:35
		452	99.5	21.3	Oberräffs	Road island	10:46	11:54	11:46
		453	101.1	19.7	Sevelen	Road island 6x	10:48	11:56	11:48
		463	103.8	17.0	Hauptstrasse	Tissot Km Sprint 1	10:52	12:00	11:52

STAGE 03

TOUR DE SUISSE WOMEN 2026

Bad Ragaz - Bad Ragaz, 120.8 km

Friday, 19 June 2026

!	m ü. M.	km	km	Location	Fan-Convoy	Average speed km/h			
						39	41	43	
	463	104.4	16.4	Plattis		10:53	12:01	11:53	11:46
	463	104.8	16.0	Hauptstrasse	Tissot Km Sprint 2	10:54	12:02	11:54	11:47
	468	105.7	15.1	Weite	Road island 2x	10:55	12:03	11:55	11:47
	479	107.6	13.2	Trübbach	Road island 2x	10:57	12:05	11:57	11:50
	474	108.4	12.4	Roundabout straight, Hauptstrasse	Road island 2x	10:58	12:06	11:58	11:51
	479	110.8	10.0	Sargans	Road island 8x	11:02	12:10	12:02	11:54
	486	113.4	7.4	Turn left, Bahnhofstrasse	Road island	11:05	12:14	12:05	11:57
	483	114.0	6.8	Turn left, Ragazerstrasse	Road island	11:06	12:15	12:06	11:58
	483	114.7	6.1	Ragazerstrasse	Waste Zone	11:07	12:16	12:07	11:59
	490	117.8	3.0	Roundabout straight, Sarganserstrasse		11:11	12:20	12:11	12:03
	494	118.6	2.2	Bad Ragaz		11:12	12:21	12:12	12:04
	496	119.2	1.6	Roundabout right, Rheinaustrasse	Road island	11:13	12:22	12:13	12:05
	503	120.1	0.9	Deviation 900 m left		11:14	12:23	12:14	12:06
	511	120.8	0.0	Finish - Bad Ragaz		11:15	12:24	12:15	12:06